

Abstract of the Disclosure

A heart cam and damper unit includes a base member having fixed cylindrical portions and a stopper portion, a rotating member having a movable cylindrical portion which
5 is rotatably assembled to the fixed cylindrical portion with a viscous fluid interposed between the movable cylindrical portion and the fixed cylindrical portions, and a pinion gear rotating integrally with the movable cylindrical portion, a heart cam member rotatably fitted
10 around an outer periphery of an outwardly located one of the fixed cylindrical portion and the movable cylindrical portion, and urging means interposed between the base member and the heart cam member and adapted to rotatably urge the heart cam member toward the stopper portion. The
15 heart cam and damper unit is interposed between a main body portion and a movable portion which undergoes opening and closing action with respect to the main body portion and is constantly urged in an opening direction.